

## Ardrahan Healthy Club Project

Ardrahan G.A.A. was recently selected to take part in the GAA's National Healthy Club Project.

The purpose of the project is to enhance all current efforts to promote the health and wellbeing of GAA and Camogie Club members and also the wider community across the whole parish of Ardrahan.

A work group will partner with local community groups to help roll out additional projects including a walking group and social events that will promote interaction between all age groups and all people across the community.

The work group hope to deliver a workshop to coaches and parents and a nutrition programme for playing members.

This is a brilliant opportunity for our club and community. For more information, contact Gerry Howley, Healthy Club Officer at [gerry.howley@medtronic.com](mailto:gerry.howley@medtronic.com)

**We look forward to seeing you at our launch on  
Saturday, 29<sup>th</sup> September, 2018  
Lá na gClub**



*Cathaoirleach: Mairtin O Murchadha, Baile an Doibh, Ardrathain*  
*Runai: Ena Ui Fhiurigh, Mannin Ard, Ardrathain*

Connacht Senior Club Champions 1974, 1975, 1978  
County Senior Hurling Champions 1894, 1895, 1896, 1901, 1902, 1903,  
1910, 1949, 1974, 1975, 1978 • County Intermediate Champions 1947, 1965  
County Junior Hurling Champions 1934, 1979, 2012 (B) • County Under 21 Hurling Champions 1977, 2001(B)  
County Minor Champions 1975, 1978 • County Under 16 Hurling Champions 1987, 1998, 2000(B)  
County Juvenile Champions 1932, 1960 • County Under 14 Champions 2003(A), 2009(B)  
County Under 12 Hurling Champions 1970, 1997, 1998 • County Under 12 Football Champions 2009